

SAP WorkSheet: New dwelling design stage

User Details

Assessor Name: Nicholas Jones **Stroma Number:** STRO000971
Software Name: Stroma FSAP 2012 **Software Version:** Version: 1.0.4.18

Property Address: Plot 35

Address : Plot 35, Cinders Road, Yapton, BN18 0JJ

1. General dwelling dimensions

	Area(m ²)		Av. Height(m)		Volume(m ³)
Ground floor	49.86 (1a)	x	2.37 (2a)	=	118.17 (3a)
First floor	49.86 (1b)	x	2.55 (2b)	=	127.14 (3b)
Total floor area TFA = (1a)+(1b)+(1c)+(1d)+(1e)+.....(1n)	99.72 (4)				
Dwelling volume				(3a)+(3b)+(3c)+(3d)+(3e)+.....(3n) =	245.31 (5)

2. Ventilation rate

	main heating		secondary heating		other		total		m ³ per hour
Number of chimneys	0	+	0	+	0	=	0	x 40 =	0 (6a)
Number of open flues	0	+	0	+	0	=	0	x 20 =	0 (6b)
Number of intermittent fans							4	x 10 =	40 (7a)
Number of passive vents							0	x 10 =	0 (7b)
Number of flueless gas fires							0	x 40 =	0 (7c)

Air changes per hour

Infiltration due to chimneys, flues and fans = (6a)+(6b)+(7a)+(7b)+(7c) =	40	÷ (5) =	0.16 (8)
<i>If a pressurisation test has been carried out or is intended, proceed to (17), otherwise continue from (9) to (16)</i>			
Number of storeys in the dwelling (ns)			0 (9)
Additional infiltration		[(9)-1]x0.1 =	0 (10)
Structural infiltration: 0.25 for steel or timber frame or 0.35 for masonry construction			0 (11)
<i>if both types of wall are present, use the value corresponding to the greater wall area (after deducting areas of openings); if equal user 0.35</i>			
If suspended wooden floor, enter 0.2 (unsealed) or 0.1 (sealed), else enter 0			0 (12)
If no draught lobby, enter 0.05, else enter 0			0 (13)
Percentage of windows and doors draught stripped			0 (14)
Window infiltration	0.25 - {0.2 x (14) ÷ 100} =		0 (15)
Infiltration rate	(8) + (10) + (11) + (12) + (13) + (15) =		0 (16)
Air permeability value, q50, expressed in cubic metres per hour per square metre of envelope area			5.09999990463257 (17)
If based on air permeability value, then (18) = [(17) ÷ 20] + (8), otherwise (18) = (16)			0.42 (18)
<i>Air permeability value applies if a pressurisation test has been done or a degree air permeability is being used</i>			
Number of sides sheltered			2 (19)
Shelter factor	(20) = 1 - {0.075 x (19)} =		0.85 (20)
Infiltration rate incorporating shelter factor	(21) = (18) x (20) =		0.36 (21)
Infiltration rate modified for monthly wind speed			

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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Monthly average wind speed from Table 7

(22)m=	5.1	5	4.9	4.4	4.3	3.8	3.8	3.7	4	4.3	4.5	4.7
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Wind Factor (22a)m = (22)m ÷ 4

(22a)m=	1.27	1.25	1.23	1.1	1.08	0.95	0.95	0.92	1	1.08	1.12	1.18
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Adjusted infiltration rate (allowing for shelter and wind speed) = (21a) x (22a)m

	0.45	0.44	0.44	0.39	0.38	0.34	0.34	0.33	0.36	0.38	0.4	0.42
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Calculate effective air change rate for the applicable case

If mechanical ventilation:

(23a)

If exhaust air heat pump using Appendix N, (23b) = (23a) x Fmv (equation (N5)) , otherwise (23b) = (23a)

(23b)

If balanced with heat recovery: efficiency in % allowing for in-use factor (from Table 4h) =

(23c)

a) If balanced mechanical ventilation with heat recovery (MVHR) (24a)m = (22b)m + (23b) x [1 - (23c) ÷ 100]

(24a)m=	0	0	0	0	0	0	0	0	0	0	0	0
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b) If balanced mechanical ventilation without heat recovery (MV) (24b)m = (22b)m + (23b)

(24b)m=	0	0	0	0	0	0	0	0	0	0	0	0
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c) If whole house extract ventilation or positive input ventilation from outside

if (22b)m < 0.5 x (23b), then (24c) = (23b); otherwise (24c) = (22b) m + 0.5 x (23b)

(24c)m=	0	0	0	0	0	0	0	0	0	0	0	0
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d) If natural ventilation or whole house positive input ventilation from loft

if (22b)m = 1, then (24d)m = (22b)m otherwise (24d)m = 0.5 + [(22b)m x 0.5]

(24d)m=	0.6	0.6	0.59	0.58	0.57	0.56	0.56	0.55	0.56	0.57	0.58	0.59
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Effective air change rate - enter (24a) or (24b) or (24c) or (24d) in box (25)

(25)m=	0.6	0.6	0.59	0.58	0.57	0.56	0.56	0.55	0.56	0.57	0.58	0.59
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3. Thermal losses and heat capacity parameter

ELEMENT	Gross area (m²)	Openings m²	Net Area A ,m²	U-value W/m²K	A X U (W/K)	k-value kJ/m²·K	A X k kJ/K
Doors			2.06	1.2	2.472		(26)
Windows Type 1			5.68	$\times 1/[1/(1.4) + 0.04]$	7.53		(27)
Windows Type 2			8.45	$\times 1/[1/(1.4) + 0.04]$	11.2		(27)
Floor			49.86	0.21	10.4706		(28)
Walls	140.52	16.19	124.33	0.25	31.08		(29)
Roof	49.86	0	49.86	0.11	5.48		(30)
Total area of elements, m²			240.24				(31)

* for windows and roof windows, use effective window U-value calculated using formula $1/[(1/U\text{-value})+0.04]$ as given in paragraph 3.2

** include the areas on both sides of internal walls and partitions

Fabric heat loss, W/K = S (A x U) (26)...(30) + (32) = 68.24 (33)

Heat capacity Cm = S(A x k) ((28)...(30) + (32) + (32a)...(32e) = 6426.18 (34)

Thermal mass parameter (TMP = Cm ÷ TFA) in kJ/m²K Indicative Value: Low 100 (35)

For design assessments where the details of the construction are not known precisely the indicative values of TMP in Table 1f can be used instead of a detailed calculation.

Thermal bridges : S (L x Y) calculated using Appendix K 18.97 (36)

if details of thermal bridging are not known (36) = 0.05 x (31)

Total fabric heat loss (33) + (36) = 87.21 (37)

Ventilation heat loss calculated monthly (38)m = 0.33 x (25)m x (5)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
(38)m=	48.79	48.46	48.15	46.66	46.38	45.09	45.09	44.85	45.59	46.38	46.95	47.53

Heat transfer coefficient, W/K (39)m = (37) + (38)m

(39)m=	135.99	135.67	135.35	133.87	133.59	132.3	132.3	132.06	132.8	133.59	134.15	134.74
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Combi loss calculated for each month (61)m = (60) ÷ 365 × (41)m

(61)m=	0	0	0	0	0	0	0	0	0	0	0	0	(61)
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Total heat required for water heating calculated for each month (62)m = 0.85 × (45)m + (46)m + (57)m + (59)m + (61)m

(62)m=	207.18	182.5	191.41	171.23	167.53	149.32	143.05	157.47	157.34	177.57	188.21	202.08	(62)
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Solar DHW input calculated using Appendix G or Appendix H (negative quantity) (enter '0' if no solar contribution to water heating)

(add additional lines if FGHRs and/or WWHRS applies, see Appendix G)

(63)m=	0	0	0	0	0	0	0	0	0	0	0	0	(63)
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Output from water heater

(64)m=	207.18	182.5	191.41	171.23	167.53	149.32	143.05	157.47	157.34	177.57	188.21	202.08	
Output from water heater (annual): 1.12												2094.9	(64)

Heat gains from water heating, kWh/month 0.25 × [0.85 × (45)m + (61)m] + 0.8 × [(46)m + (57)m + (59)m]

(65)m=	90.09	79.84	84.85	77.45	76.91	70.17	68.77	73.56	72.84	80.25	83.1	88.4	(65)
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include (57)m in calculation of (65)m only if cylinder is in the dwelling or hot water is from community heating

5. Internal gains (see Table 5 and 5a)

Metabolic gains (Table 5), Watts

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(66)m=	164.22	164.22	164.22	164.22	164.22	164.22	164.22	164.22	164.22	164.22	164.22	164.22	(66)

Lighting gains (calculated in Appendix L, equation L9 or L9a), also see Table 5

(67)m=	59.33	52.69	42.85	32.44	24.25	20.47	22.12	28.76	38.6	49.01	57.2	60.98	(67)
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Appliances gains (calculated in Appendix L, equation L13 or L13a), also see Table 5

(68)m=	381.9	385.86	375.88	354.62	327.78	302.56	285.71	281.74	291.73	312.99	339.83	365.05	(68)
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Cooking gains (calculated in Appendix L, equation L15 or L15a), also see Table 5

(69)m=	54.16	54.16	54.16	54.16	54.16	54.16	54.16	54.16	54.16	54.16	54.16	54.16	(69)
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Pumps and fans gains (Table 5a)

(70)m=	0	0	0	0	0	0	0	0	0	0	0	0	(70)
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Losses e.g. evaporation (negative values) (Table 5)

(71)m=	-109.48	-109.48	-109.48	-109.48	-109.48	-109.48	-109.48	-109.48	-109.48	-109.48	-109.48	-109.48	(71)
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Water heating gains (Table 5)

(72)m=	121.09	118.8	114.04	107.57	103.37	97.46	92.43	98.87	101.16	107.86	115.42	118.81	(72)
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Total internal gains = (66)m + (67)m + (68)m + (69)m + (70)m + (71)m + (72)m

(73)m=	671.22	666.26	641.67	603.53	564.3	529.39	509.16	518.27	540.39	578.75	621.34	653.74	(73)
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6. Solar gains:

Solar gains are calculated using solar flux from Table 6a and associated equations to convert to the applicable orientation.

Orientation:	Access Factor Table 6d		Area m ²	Flux Table 6a		g_ Table 6b		FF Table 6c		Gains (W)	
North	0.9x	0.77	x	8.45	x	10.63	x	0.63	x	1.11	= 43.59 (74)
North	0.9x	0.77	x	8.45	x	20.32	x	0.63	x	1.11	= 83.3 (74)
North	0.9x	0.77	x	8.45	x	34.53	x	0.63	x	1.11	= 141.54 (74)
North	0.9x	0.77	x	8.45	x	55.46	x	0.63	x	1.11	= 227.35 (74)
North	0.9x	0.77	x	8.45	x	74.72	x	0.63	x	1.11	= 306.27 (74)

North	0.9x	0.77	x	8.45	x	79.99	x	0.63	x	1.11	#	327.87	(74)
North	0.9x	0.77	x	8.45	x	74.68	x	0.63	x	1.11	#	306.11	(74)
North	0.9x	0.77	x	8.45	x	59.25	x	0.63	x	1.11	#	242.86	(74)
North	0.9x	0.77	x	8.45	x	41.52	x	0.63	x	1.11	#	170.18	(74)
North	0.9x	0.77	x	8.45	x	24.19	x	0.63	x	1.11	#	99.15	(74)
North	0.9x	0.77	x	8.45	x	13.12	x	0.63	x	1.11	#	53.77	(74)
North	0.9x	0.77	x	8.45	x	8.86	x	0.63	x	1.11	#	36.34	(74)
South	0.9x	0.77	x	5.68	x	46.75	x	0.63	x	1.11	#	128.82	(78)
South	0.9x	0.77	x	5.68	x	76.57	x	0.63	x	1.11	#	210.97	(78)
South	0.9x	0.77	x	5.68	x	97.53	x	0.63	x	1.11	#	268.74	(78)
South	0.9x	0.77	x	5.68	x	110.23	x	0.63	x	1.11	#	303.74	(78)
South	0.9x	0.77	x	5.68	x	114.87	x	0.63	x	1.11	#	316.51	(78)
South	0.9x	0.77	x	5.68	x	110.55	x	0.63	x	1.11	#	304.6	(78)
South	0.9x	0.77	x	5.68	x	108.01	x	0.63	x	1.11	#	297.61	(78)
South	0.9x	0.77	x	5.68	x	104.89	x	0.63	x	1.11	#	289.02	(78)
South	0.9x	0.77	x	5.68	x	101.89	x	0.63	x	1.11	#	280.73	(78)
South	0.9x	0.77	x	5.68	x	82.59	x	0.63	x	1.11	#	227.55	(78)
South	0.9x	0.77	x	5.68	x	55.42	x	0.63	x	1.11	#	152.69	(78)
South	0.9x	0.77	x	5.68	x	40.4	x	0.63	x	1.11	#	111.31	(78)

$$(83)m = \text{Sum}(74)m \dots (82)m$$

Total gains – internal and solar (84)m = (73)m + (83)m , watts

7. Mean internal temperature (heating season)

Temperature during heating periods in the living area from Table 9, Th1 (°C)

21 (85)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(86)m=	0.94	0.91	0.88	0.82	0.72	0.59	0.46	0.5	0.68	0.84	0.91	0.94	(86)

(87)m=	21	21	21	21	21	21	21	21	21	21	21
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(87)

(88)m=	19.79	19.79	19.8	19.81	19.81	19.82	19.82	19.82	19.82	19.81	19.81	19.8	(88)
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(89)m=	0.93	0.9	0.86	0.79	0.67	0.51	0.36	0.4	0.61	0.8	0.9	0.93	(89)
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(90)m=	19.79	19.79	19.8	19.81	19.81	19.82	19.82	19.82	19.82	19.81	19.81	19.8	(90)
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0.18 (9)

(92)m=	20.01	20.01	20.01	20.02	20.02	20.03	20.03	20.03	20.03	20.02	20.02	20.01	(92)
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(93)m=	20.01	20.01	20.01	20.02	20.02	20.03	20.03	20.03	20.03	20.02	20.02	20.01	(93)
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8. Space heating calculation

Set T_i to the mean internal temperature obtained at step 11 of Table 9b, so that $T_{i,m} = (76)m$ and re-calculate the utilisation factor for gains using Table 9a

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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Utilisation factor for gains, h_m :

(94)m=	0.93	0.9	0.86	0.79	0.68	0.53	0.38	0.42	0.62	0.81	0.9	0.94	(94)
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Useful gains, $h_m G_m$, $W = (94)m \times (84)m$

(95)m=	783.88	868.05	908.8	899.17	808.3	610.67	420.89	436.83	614.91	732.88	746.39	750.27	(95)
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Monthly average external temperature from Table 8

(96)m=	4.3	4.9	6.5	8.9	11.7	14.6	16.6	16.4	14.1	10.6	7.1	4.2	(96)
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Heat loss rate for mean internal temperature, L_m , $W = [(39)m \times ((93)m - (96)m)]$

(97)m=	2135.96	2049.76	1828.69	1488.61	1111.7	718.38	453.78	479.57	787.05	1258.65	1733	2130.84	(97)
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Space heating requirement for each month, $kWh/month = 0.024 \times [(97)m - (95)m] \times (41)m$

(98)m=	1005.94	794.11	684.4	424.4	225.73	0	0	0	0	391.18	710.36	1027.14	(98)
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Total per year ($kWh/year$) = $Sum(98)_{1..12} =$ 5263.27

Space heating requirement in $kWh/m^2/year$

52.78 (99)

9. Space heating requirements - individual heating systems (including micro CHFs)

Space heating:

Fraction of space heat from secondary/supplementary system

0 (201)

Fraction of space heat from main system(s)

(202) = $1 - (201) =$

1 (202)

Fraction of total heating from main system 1

(204) = $(202) \times [1 - (203)] =$

1 (204)

Efficiency of main space heating system 1

351.98 (206)

Efficiency of secondary/supplementary heating system, %

0 (208)

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	$kWh/year$
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Space heating requirement (calculated above)

1005.94	794.11	684.4	424.4	225.73	0	0	0	0	391.18	710.36	1027.14
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(211)m = $\{[(98)m \times (204)]\} \times 100 \div (206)$ (211)

285.79	225.61	194.44	120.57	64.13	0	0	0	0	111.14	201.82	291.82
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Total ($kWh/year$) = $Sum(211)_{1..12} =$ 1495.33 (211)

Space heating fuel (secondary), $kWh/month$

= $\{[(98)m \times (201)]\} \times 100 \div (208)$

(215)m=	0	0	0	0	0	0	0	0	0	0	0	(215)
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Total ($kWh/year$) = $Sum(215)_{1..12} =$ 0

Water heating

Output from water heater (calculated above)

207.18	182.5	191.41	171.23	167.53	149.32	143.05	157.47	157.34	177.57	188.21	202.08
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Efficiency of water heater

176.98 (216)

(217)m=	176.98	176.98	176.98	176.98	176.98	176.98	176.98	176.98	176.98	176.98	176.98	(217)
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Fuel for water heating, $kWh/month$

(219)m = $(64)m \times 100 \div (217)m$

(219)m=	117.06	103.12	108.15	96.75	94.66	84.37	80.83	88.97	88.9	100.33	106.34	114.18	(219)
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Total = $Sum(219a)_{1..12} =$ 1183.66

Annual totals

$kWh/year$

$kWh/year$

Space heating fuel used, main system 1

1495.33

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Water heating fuel used		1183.66	
Electricity for pumps, fans and electric keep-hot			
Total electricity for the above, kWh/year	sum of (230a)...(230g) =	0	(231)
Electricity for lighting		419.09	(232)

10a. Fuel costs - individual heating systems:

	Fuel kWh/year	Fuel Price (Table 12)	Fuel Cost £/year
Space heating - main system 1	(211) x	13.19	197.23 (240)
Space heating - main system 2	(213) x	0	0 (241)
Space heating - secondary	(215) x	13.19	0 (242)
Water heating cost (other fuel)	(219)	13.19	156.12 (247)
Pumps, fans and electric keep-hot	(231)	13.19	0 (249)
(if off-peak tariff, list each of (230a) to (230g) separately as applicable and apply fuel price according to Table 12a)			
Energy for lighting	(232)	13.19	55.28 (250)
Additional standing charges (Table 12)			120 (251)

Appendix Q items: repeat lines (253) and (254) as needed

Total energy cost	$(245) \dots (247) + (250) \dots (254) =$	528.64	(255)
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11a SAP rating involving heating systems

Energy cost deflator (Table 12)		0.42	(256)
Energy cost factor (ECF)	$[(255) \times (256)] \div [(4) + 45.0] =$	1.53	(257)
SAP rating (Section 12)		78.6	(258)

12a. CO₂ emissions – individual heating systems including micro-CHP

	Energy kWh/year	Emission factor kg CO2/kWh	Emissions kg CO2/year
Space heating (main system 1)	(211) x	0.519	= 776.08 (261)
Space heating (secondary)	(215) x	0.519	= 0 (263)
Water heating	(219) x	0.216	= 255.67 (264)
Space and water heating	(261) + (262) + (263) + (264) =		1031.75 (265)
Electricity for pumps, fans and electric keep-hot	(231) x	0.519	= 0 (267)
Electricity for lighting	(232) x	0.519	= 217.51 (268)
Total CO2, kg/year		sum of (265) ... (271) =	1249.26 (272)
CO2 emissions per m²		(272) ÷ (4) =	12.53 (273)
El rating (section 14)			88 (274)

13a. Primary Energy

	Energy kWh/year	Primary factor	P. Energy kWh/year
Space heating (main system 1)	{211} x	3.07	4590.67 {261}

