

SAP WorkSheet: New dwelling design stage

User Details

Assessor Name: Nicholas Jones
Software Name: Stroma FSAP 2012

Stroma Number: STRO000971
Software Version: Version: 1.0.4.18

Property Address: Plot 19

Address : Plot 19, Cinders Road, Yapton, BN18 0JJ

1 Overall dwelling dimensions

	Area(m ²)		Av. Height(m)		Volume(m ³)
Ground floor	29.08 (1a)	x	2.37 (2a)	=	68.92 (3a)
First floor	46.81 (1b)	x	2.55 (2b)	=	119.37 (3b)
Second floor	46.81 (1c)	x	2.55 (2c)	=	119.37 (3c)
Total floor area TFA = (1a)+(1b)+(1c)+(1d)+(1e)+.....(1n)	122.7 (4)				
Dwelling volume			(3a)+(3b)+(3c)+(3d)+(3e)+.....(3n)	=	307.65 (5)

2. Version 1.0

	main heating		secondary heating		other		total		m ³ per hour
Number of chimneys	0	+	0	+	0	=	0	× 40 =	0 (6a)
Number of open flues	0	+	0	+	0	=	0	× 20 =	0 (6b)
Number of intermittent fans							5	× 10 =	50 (7a)
Number of passive vents							0	× 10 =	0 (7b)
Number of flueless gas fires							0	× 40 =	0 (7c)

Air changes per hour

Infiltration due to chimneys, flues and fans = $\{6a\} + \{6b\} + \{7a\} + \{7b\} + \{7c\} =$	50	$\div \{5\} =$	0.16	(8)
<i>If a pressurisation test has been carried out or is intended, proceed to (17), otherwise continue from (9) to (16)</i>				
Number of storeys in the dwelling (ns)			0	(9)
Additional infiltration		$\{9\} - 1 \times 0.1 =$	0	(10)
Structural infiltration: 0.25 for steel or timber frame or 0.35 for masonry construction <i>if both types of wall are present, use the value corresponding to the greater wall area (after deducting areas of openings); if equal user 0.35</i>			0	(11)
If suspended wooden floor, enter 0.2 (unsealed) or 0.1 (sealed), else enter 0			0	(12)
If no draught lobby, enter 0.05, else enter 0			0	(13)
Percentage of windows and doors draught stripped			0	(14)
Window infiltration	$0.25 \times \{0.2 \times \{14\} \div 100\} =$		0	(15)
Infiltration rate	$\{8\} + \{10\} + \{11\} + \{12\} + \{13\} + \{15\} =$		0	(16)
Air permeability value, q50, expressed in cubic metres per hour per square metre of envelope area			5.09999990463257	(17)
If based on air permeability value, then $\{18\} = [\{17\} \div 20] + \{8\}$, otherwise $\{18\} = \{16\}$			0.42	(18)
<i>Air permeability value applies if a pressurisation test has been done or a degree air permeability is being used</i>				
Number of sides sheltered			2	(19)
Shelter factor	$\{20\} = 1 - \{0.075 \times \{19\}\} =$		0.85	(20)
Infiltration rate incorporating shelter factor	$\{21\} = \{18\} \times \{20\} =$		0.35	(21)
Infiltration rate modified for monthly wind speed				

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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Monthly average wind speed from Table 7

(22)m=	5.1	5	4.9	4.4	4.3	3.8	3.8	3.7	4	4.3	4.5	4.7
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Wind Factor (22a)m = (22)m ÷ 4

(22a)m=	1.27	1.25	1.23	1.1	1.08	0.95	0.95	0.92	1	1.08	1.12	1.18
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Adjusted infiltration rate (allowing for shelter and wind speed) = (21a) x (22a)m

	0.45	0.44	0.43	0.39	0.38	0.34	0.34	0.33	0.35	0.38	0.4	0.42
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Calculate effective air change rate for the applicable case

If mechanical ventilation:

(23a)

If exhaust air heat pump using Appendix N, (23b) = (23a) x Fmv (equation (N5)) , otherwise (23b) = (23a)

(23b)

If balanced with heat recovery: efficiency in % allowing for in-use factor (from Table 4h) =

(23c)

a) If balanced mechanical ventilation with heat recovery (MVHR) (24a)m = (22b)m + (23b) x [1 - (23c) ÷ 100]

(24a)m=	0	0	0	0	0	0	0	0	0	0	0	0
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(24a)

b) If balanced mechanical ventilation without heat recovery (MV) (24b)m = (22b)m + (23b)

(24b)m=	0	0	0	0	0	0	0	0	0	0	0	0
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(24b)

c) If whole house extract ventilation or positive input ventilation from outside

if (22b)m < 0.5 x (23b), then (24c) = (23b); otherwise (24c) = (22b) m + 0.5 x (23b)

(24c)m=	0	0	0	0	0	0	0	0	0	0	0	0
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(24c)

d) If natural ventilation or whole house positive input ventilation from loft

if (22b)m = 1, then (24d)m = (22b)m otherwise (24d)m = 0.5 + [(22b)m x 0.5]

(24d)m=	0.6	0.6	0.59	0.58	0.57	0.56	0.56	0.55	0.56	0.57	0.58	0.59
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(24d)

Effective air change rate - enter (24a) or (24b) or (24c) or (24d) in box (25)

(25)m=	0.6	0.6	0.59	0.58	0.57	0.56	0.56	0.55	0.56	0.57	0.58	0.59
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(25)

3. Thermal losses and heat capacity parameter

ELEMENT	Gross area (m ²)	Openings m ²	Net Area A ,m ²	U-value W/m ² K	A X U (W/K)	k-value kJ/m ² ·K	A X k kJ/K
Doors			3.33	1.2	3.996		(26)
Windows Type 1			7.46	$\times 1/[1/(1.4) + 0.04]$	9.89		(27)
Windows Type 2			11.96	$\times 1/[1/(1.4) + 0.04]$	15.86		(27)
Windows Type 3			1.12	$\times 1/[1/(1.4) + 0.04]$	1.48		(27)
Floor Type 1			29.08	0.21	6.1068		(28)
Floor Type 2			17.73	0.2	3.546		(28)
Walls	156.56	23.87	132.69	0.25	33.17		(29)
Roof	46.81	0	46.81	0.11	5.15		(30)
Total area of elements, m ²			250.18				(31)
Party wall			65.98	0	0		(32)

* for windows and roof windows, use effective window U-value calculated using formula $1/[(1/U\text{-value})+0.04]$ as given in paragraph 3.2

** include the areas on both sides of internal walls and partitions

Fabric heat loss, W/K = S (A x U) (26)...(30) + (32) = 79.2 (33)

Heat capacity Cm = S(A x k) ((28)...(30) + (32) + (32a)...(32e) = 6664.91 (34)

Thermal mass parameter (TMP = Cm ÷ TFA) in kJ/m²K Indicative Value: Low 100 (35)

For design assessments where the details of the construction are not known precisely the indicative values of TMP in Table 1f can be used instead of a detailed calculation.

Thermal bridges : S (L x Y) calculated using Appendix K 18.97 (36)

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if details of thermal bridging are not known (36) = 0.05 x (31)

Total fabric heat loss

$$(33) + (36) =$$

98.17

(37)

Ventilation heat loss calculated monthly

$$(38)m = 0.33 \times (25)m \times (5)$$

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
(38)m=	61.16	60.75	60.36	58.5	58.15	56.53	56.53	56.23	57.16	58.15	58.85	59.59

(38)

Heat transfer coefficient, W/K

$$(39)m = (37) \div (38)m$$

(39)m=	159.32	158.92	158.52	156.66	156.32	154.7	154.7	154.4	155.32	156.32	157.02	157.76
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$$\text{Average} = \text{Sum}(39)_{1..12} / 12 =$$

156.66

(39)

Heat loss parameter (HLP), W/m²K

$$(40)m = (39)m \div (4)$$

(40)m=	1.3	1.3	1.29	1.28	1.27	1.26	1.26	1.26	1.27	1.27	1.28	1.29
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$$\text{Average} = \text{Sum}(40)_{1..12} / 12 =$$

1.28

(40)

Number of days in month (Table 1a)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
(41)m=	31	28	31	30	31	30	31	31	30	31	30	31

(41)

4. Water heating energy requirement

kWh/year

Assumed occupancy, N

2.87

(42)

if TFA > 13.9, N = 1 + 1.76 x [1 - exp(-0.000349 x (TFA - 13.9)²)] + 0.0013 x (TFA - 13.9)

if TFA ≤ 13.9, N = 1

Annual average hot water usage in litres per day Vd,average = (25 x N) + 36

102.44

(43)

Reduce the annual average hot water usage by 5% if the dwelling is designed to achieve a water use target of not more than 125 litres per person per day (all water use, hot and cold)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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Hot water usage in litres per day for each month Vd,m = factor from Table 1c x (43)

(44)m=	112.68	108.58	104.49	100.39	96.29	92.19	92.19	96.29	100.39	104.49	108.58	112.68
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$$\text{Total} = \text{Sum}(44)_{1..12} =$$

1229.25

(44)

Energy content of hot water used - calculated monthly = 4.190 x Vd,m x nm x DTm / 3600 kWh/month (see Tables 1b, 1c, 1d)

(45)m=	167.1	146.15	150.81	131.48	126.16	108.87	100.88	115.76	117.15	136.52	149.02	161.83
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$$\text{Total} = \text{Sum}(45)_{1..12} =$$

1611.75

(45)

If instantaneous water heating at point of use (no hot water storage), enter 0 in boxes (46) to (61)

(46)m=	25.07	21.92	22.62	19.72	18.92	16.33	15.13	17.36	17.57	20.48	22.35	24.27
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(46)

Water storage loss:

Storage volume (litres) including any solar or WWHRS storage within same vessel

200

(47)

If community heating and no tank in dwelling, enter 110 litres in (47)

Otherwise if no stored hot water (this includes instantaneous combi boilers) enter '0' in (47)

Water storage loss:

a) If manufacturer's declared loss factor is known (kWh/day):

1.32

(48)

Temperature factor from Table 2b

0.54

(49)

Energy lost from water storage, kWh/year

$$(48) \times (49) =$$

0.71

(50)

b) If manufacturer's declared cylinder loss factor is not known:

Hot water storage loss factor from Table 2 (kWh/litre/day)

0

(51)

If community heating see section 4.3

Volume factor from Table 2a

0

(52)

Temperature factor from Table 2b

0

(53)

Energy lost from water storage, kWh/year

$$(47) \times (51) \times (52) \times (53) =$$

0

(54)

Enter (50) or (54) in (55)

0.71

(55)

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Water storage loss calculated for each month

$$\{(56)\}m = \{(55)\} \times \{(41)\}m$$

(56)m=	22.1	19.96	22.1	21.38	22.1	21.38	22.1	22.1	21.38	22.1	21.38	22.1	(56)
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If cylinder contains dedicated solar storage, $\{(57)\}m = \{(56)\}m \times [(\{(50)\}) - (H11)] \div \{(50)\}$, else $\{(57)\}m = \{(56)\}m$ where (H11) is from Appendix H

(57)m=	22.1	19.96	22.1	21.38	22.1	21.38	22.1	22.1	21.38	22.1	21.38	22.1	(57)
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Primary circuit loss (annual) from Table 3

0

(58)

Primary circuit loss calculated for each month $\{(59)\}m = (58) \div 365 \times \{(41)\}m$

(modified by factor from Table H5 if there is solar water heating and a cylinder thermostat)

(59)m=	23.26	21.01	23.26	22.51	23.26	22.51	23.26	23.26	22.51	23.26	22.51	23.26	(59)
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Combi loss calculated for each month $\{(61)\}m = (60) \div 365 \times \{(41)\}m$

(61)m=	0	0	0	0	0	0	0	0	0	0	0	0	(61)
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Total heat required for water heating calculated for each month $\{(62)\}m = 0.85 \times \{(45)\}m + \{(46)\}m + \{(57)\}m + \{(59)\}m + \{(61)\}m$

(62)m=	212.46	187.12	196.17	175.38	171.52	152.76	146.24	161.12	161.04	181.88	192.92	207.19	(62)
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Solar DHW input calculated using Appendix G or Appendix H (negative quantity) (enter '0' if no solar contribution to water heating)

(add additional lines if FGHRs and/or WWHRs applies, see Appendix G)

(63)m=	0	0	0	0	0	0	0	0	0	0	0	0	(63)
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Output from water heater

(64)m=	212.46	187.12	196.17	175.38	171.52	152.76	146.24	161.12	161.04	181.88	192.92	207.19	
Output from water heater (annual) $\{(64)\}$												2145.81	(64)

Heat gains from water heating, kWh/month $0.25 \times [0.85 \times \{(45)\}m + \{(61)\}m] + 0.8 \times [(\{(46)\}m + \{(57)\}m + \{(59)\}m)]$

(65)m=	91.85	81.37	86.43	78.83	78.24	71.32	69.83	74.78	74.07	81.68	84.67	90.1	(65)
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include $\{(57)\}m$ in calculation of $\{(65)\}m$ only if cylinder is in the dwelling or hot water is from community heating

5 Internal gains (see Table 5 and 5a)

Metabolic gains (Table 5), Watts

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(66)m=	172.39	172.39	172.39	172.39	172.39	172.39	172.39	172.39	172.39	172.39	172.39	172.39	(66)

Lighting gains (calculated in Appendix L, equation L9 or L9a), also see Table 5

(67)m=	65	57.73	46.95	35.54	26.57	22.43	24.24	31.5	42.29	53.69	62.67	66.8	(67)
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Appliances gains (calculated in Appendix L, equation L13 or L13a), also see Table 5

(68)m=	430.88	435.35	424.08	400.09	369.82	341.36	322.35	317.88	329.14	353.13	383.41	411.87	(68)
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Cooking gains (calculated in Appendix L, equation L15 or L15a), also see Table 5

(69)m=	55.11	55.11	55.11	55.11	55.11	55.11	55.11	55.11	55.11	55.11	55.11	55.11	(69)
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Pumps and fans gains (Table 5a)

(70)m=	0	0	0	0	0	0	0	0	0	0	0	0	(70)
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Losses e.g. evaporation (negative values) (Table 5)

(71)m=	-114.93	-114.93	-114.93	-114.93	-114.93	-114.93	-114.93	-114.93	-114.93	-114.93	-114.93	-114.93	(71)
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Water heating gains (Table 5)

(72)m=	123.45	121.09	116.17	109.49	105.16	99.05	93.86	100.51	102.87	109.79	117.59	121.1	(72)
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Total internal gains = $\{(66)\}m + \{(67)\}m + \{(68)\}m + \{(69)\}m + \{(70)\}m + \{(71)\}m + \{(72)\}m$

(73)m=	731.9	726.74	699.78	657.71	614.12	575.41	553.02	562.47	586.88	629.18	676.24	712.34	(73)
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6 Solar gains

Solar gains are calculated using solar flux from Table 6a and associated equations to convert to the applicable orientation.

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7. Mean internal temperature (heating season)

Temperature during heating periods in the living area from Table 9, Th1 (°C) 21 (85)

Utilisation factor for gains for living area, h1,m (see Table 9a)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
(86)m=	0.95	0.92	0.87	0.78	0.65	0.5	0.39	0.43	0.64	0.84	0.93	0.95	(86)

Mean internal temperature in living area T1 (follow steps 3 to 7 in Table 9c)

(87)m=	21	21	21	21	21	21	21	21	21	21	21	21	(87)
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Temperature during heating periods in rest of dwelling from Table 9, Th2 (°C)

(88)m=	19.84	19.84	19.85	19.86	19.86	19.87	19.87	19.87	19.87	19.86	19.86	19.85	(88)
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Utilisation factor for gains for rest of dwelling, h2,m (see Table 9a)

(89)m=	0.94	0.91	0.85	0.74	0.6	0.43	0.3	0.34	0.57	0.81	0.91	0.95	(89)
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Mean internal temperature in the rest of dwelling T2 (follow steps 3 to 7 in Table 9c)

(90)m=	19.84	19.84	19.85	19.86	19.86	19.87	19.87	19.87	19.87	19.86	19.86	19.85	(90)
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fLA = Living area ÷ (4) = 0.19 (91)

Mean internal temperature (for the whole dwelling) = fLA × T1 + (1 – fLA) × T2

(92)m=	20.06	20.06	20.06	20.07	20.07	20.08	20.08	20.08	20.08	20.07	20.07	20.07	(92)
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Apply adjustment to the mean internal temperature from Table 4e, where appropriate

(93)m=	20.06	20.06	20.06	20.07	20.07	20.08	20.08	20.08	20.08	20.07	20.07	20.07	(93)
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8. Space heating requirement

Set Ti to the mean internal temperature obtained at step 11 of Table 9b, so that Ti,m=(76)m and re-calculate the utilisation factor for gains using Table 9a

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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Utilisation factor for gains, hm:

(94)m=	0.94	0.91	0.86	0.75	0.61	0.45	0.32	0.36	0.58	0.81	0.92	0.95	(94)
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Useful gains, hmGm, W = (94)m x (84)m

(95)m=	869.53	1004.35	1125.36	1168.53	1046.91	765.15	514.89	534.98	760.88	872.69	838.36	825.2	(95)
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Monthly average external temperature from Table 8

(96)m=	4.3	4.9	6.5	8.9	11.7	14.6	16.6	16.4	14.1	10.6	7.1	4.2	(96)
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Heat loss rate for mean internal temperature, Lm, W = [(93)m – (96)m]

(97)m=	2510.73	2409.35	2150.04	1750.36	1309.07	848.2	538.8	568.88	928.77	1481.02	2036.68	2503.1	(97)
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Space heating requirement for each month, kWh/month = 0.024 x [(97)m – (95)m] x (41)m

(98)m=	1221.05	944.16	762.37	418.91	195.05	0	0	0	0	452.59	862.79	1248.36	(98)
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Total per year (kWh/year) = Sum(98)1...12 = 6105.29 (98)

Space heating requirement in kWh/m²/year

49.76 (99)

9a. Energy requirements – individual heating systems (including micro-CHP)

Space heating:

Fraction of space heat from secondary/supplementary system 0 (201)

Fraction of space heat from main system(s) (202) = 1 – (201) = 1 (202)

Fraction of total heating from main system 1 (204) = (202) × [1 – (203)] = 1 (204)

Efficiency of main space heating system 1 351.18 (206)

Efficiency of secondary/supplementary heating system, % 0 (208)

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Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	kWh/year
Space heating requirement (calculated above)												
1221.05	944.16	762.37	418.91	195.05	0	0	0	0	452.59	862.79	1248.36	
(211)m = {[(98)m x (204)] } x 100 ÷ (206)												
347.7	268.85	217.09	119.29	55.54	0	0	0	0	128.88	245.69	355.48	
Total (kWh/year) =Sum(211) _{1,5,10,12}												1738.52 (211)
Space heating fuel (secondary), kWh/month												
= {[(98)m x (201)] } x 100 ÷ (208)												
(215)m =												
0	0	0	0	0	0	0	0	0	0	0	0	
Total (kWh/year) =Sum(215) _{1,5,10,12}												0 (215)
Water heating												
Output from water heater (calculated above)												
212.46	187.12	196.17	175.38	171.52	152.76	146.24	161.12	161.04	181.88	192.92	207.19	
Efficiency of water heater												176.98 (216)
(217)m =												
176.98	176.98	176.98	176.98	176.98	176.98	176.98	176.98	176.98	176.98	176.98	176.98	(217)
Fuel for water heating, kWh/month												
(219)m = (64)m x 100 ÷ (217)m												
(219)m =												
120.05	105.73	110.84	99.09	96.91	86.31	82.63	91.04	90.99	102.77	109	117.07	
Total = Sum(219a) _{1,12}												1212.43 (219)
Annual totals												
Space heating fuel used, main system 1												1738.52 kWh/year
Water heating fuel used												1212.43 kWh/year
Electricity for pumps, fans and electric keep-hot												
Total electricity for the above, kWh/year												0 (231)
Electricity for lighting												459.15 (232)

10a Fuel costs - individual heating systems

	Fuel kWh/year	Fuel Price (Table 12)	Fuel Cost £/year
Space heating - main system 1	(211) x	13.19 x 0.01 =	229.31 (240)
Space heating - main system 2	(213) x	0 x 0.01 =	0 (241)
Space heating - secondary	(215) x	13.19 x 0.01 =	0 (242)
Water heating cost (other fuel)	(219)	13.19 x 0.01 =	159.92 (247)
Pumps, fans and electric keep-hot	(231)	13.19 x 0.01 =	0 (249)
(if off-peak tariff, list each of (230a) to (230g) separately as applicable and apply fuel price according to Table 12a			
Energy for lighting	(232)	13.19 x 0.01 =	60.56 (250)
Additional standing charges (Table 12)			120 (251)
Appendix Q items: repeat lines (253) and (254) as needed			
Total energy cost	(245)...(247) + (250)...(254) =		569.79 (255)

11a SAP rating - individual heating systems

Energy cost deflator (Table 12)	0.42 (256)
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Energy cost factor (ECF)	$[(255) \times (256)] \div [(4) + 45.0] =$	1.43	(257)
SAP rating (Section 12)		80.09	(258)

12a CO2 emissions – Individual heating systems including micro-CHP

	Energy kWh/year	Emission factor kg CO2/kWh		Emissions kg CO2/year	
Space heating (main system 1)	(211) x	0.519	=	902.29	(261)
Space heating (secondary)	(215) x	0.519	=	0	(263)
Water heating	(219) x	0.216	=	261.88	(264)
Space and water heating	(261) + (262) + (263) + (264) =			1164.17	(265)
Electricity for pumps, fans and electric keep-hot	(231) x	0.519	=	0	(267)
Electricity for lighting	(232) x	0.519	=	238.3	(268)
Total CO2, kg/year		sum of (265)...(271) =		1402.47	(272)
CO2 emissions per m²		(272) ÷ (4) =		11.43	(273)
El rating (section 14)				89	(274)

13a Primary Energy

	Energy kWh/year	Primary factor		P. Energy kWh/year	
Space heating (main system 1)	(211) x	3.07	=	5337.25	(261)
Space heating (secondary)	(215) x	3.07	=	0	(263)
Energy for water heating	(219) x	1.22	=	1479.16	(264)
Space and water heating	(261) + (262) + (263) + (264) =			6816.41	(265)
Electricity for pumps, fans and electric keep-hot	(231) x	3.07	=	0	(267)
Electricity for lighting	(232) x	0	=	1409.6	(268)
'Total Primary Energy		sum of (265)...(271) =		8226.01	(272)
Primary energy kWh/m²/year		(272) ÷ (4) =		67.04	(273)