



Arun District Council
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Mrs Christina Donoghue
59
Gloster Drive
Nyetimber
Bognor Regis
PO21 3JN

Your Ref:

Internet ref: PP-07073743

Please ask for:

Technical Support Unit on extn. 37711

10th August 2018

Dear Mrs Christina Donoghue

Development:

I have previously spoken to Andrew Wood in ADC Planning regarding change of use for this commercial property and he has asked me to mention that I have done this in my application. I would like to apply for mixed use. The Unit is currently A1 retail and I would like to run a Mind and Body Studio (D2) from the premises including some retail use (e.g exercise wear, mats meditation CDs). The business will offer different styles of mind and body exercise including Pilates and yoga exercise classes to small groups (10-12 participants) and one to one training. The atmosphere will be calm and tranquil and will also include sessions in relaxation/meditation to promote mental health as well as physical wellbeing. There is to be no structural work carried to the premises. It will be painted and have laminate flooring put down with wall heating, soft lighting and mirrors. The hall and toilet will be decorated; the store cupboard will remain for storage of equipment. The business will be very beneficial to the community offering physical, psychological and social improvements to health. I will work closely with the local GPs and hospitals to offer courses in good back care management, falls prevention, antenatal and postnatal classes alongside general mind and body exercise classes.

N.B. The open times given later in the form for D2 use are likely to be 09:00-14:00 and then 18:00-21:00 and there will be very occasional use at the weekend. This could not be outlined as clearly in the appropriate section.

Location:

Body Central Studio 9 The Parade Pagham

Thank you for your application submitted via the internet on 20th July 2018. It is being dealt with by the Technical Support Unit and has been allocated the reference number **P/82/18/PL**. We will contact you shortly with further details.

For details on how the Council will deal with your data, please refer to our privacy notice called Privacy statement planning application on the website www.arun.gov.uk/planning-privacy-statements

This letter does not confirm validity of the application/documentation submitted.

Yours sincerely

Miss N Spencer
Technical Support Unit Officer